

Oldmans Township School District

Comprehensive Health and Physical Education

Health Curriculum



Revised 2010

Program Overview

The Health and Physical Education program is designed to introduce and promote health literacy in our students. Lessons in current health concepts and physical activities encourage students to strive toward their personal levels of wellness. Knowledge of how their body works, healthy eating habits, awareness of personal safety, decision making skills, social interactions, effects of drugs and alcohol, and the ability to set goals empower students to make responsible, safe, and healthful choices throughout their lives

An understanding of movement concepts and participation in a variety of games, sports, dance, fitness activities, and lifetime recreational activities enables students to develop and maintain a healthy lifestyle. These acquired skills help students become active learners in the classroom; they learn to work together in groups, develop positive attitudes, resolve conflicts, and complete self-directed projects. Healthy students are learners who are emotionally and physically healthy, motivated, civically engaged, and responsible for their choices.

Through a comprehensive Health and Physical Education program, we are providing students with an integral component of a 21st century education.

Subject: Health
 Grade: Kindergarten
 Unit: Drugs and Medicine: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain dangers of drugs, and alcohol on health	2.3.2.B.1	Dangers of using drugs, drinking alcohol, smoking cigarettes Say no to Drugs and be Drug Free	Class participation, completion of worksheets	Healthwave Kindergarten	Salem County AVA, and other media/technology that becomes available	LAL, Reading, written materials	Web activities, Lead a discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Kindergarten
 Unit: Wellness 2.1
 C. Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize strategies to prevent the spread of diseases and health conditions.	2.1.2.C	<p>Healthy habits: bathing, brush teeth, hand-washing technique, dress appropriately for winter</p> <p>Stay home when sick</p> <p>Cover cough and sneeze with tissue or elbow</p>	Class participation, worksheets, color sheet, demonstration of appropriate hand-washing technique	Healthwave , www.cdc.gov www.henrythehand.com , Salem County AVA video	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading, written materials	Lead discussion, web activities	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Kindergarten
 Unit: Health Services

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: identify community helpers who assist in maintaining a safe environment	2.2 P.E.1	Community helpers: doctor, nurse, police, fireman, teacher, discuss each role and how they help keep us safe	Class participation, pictures of community helpers	Healthwave Kdg, Salem County AVA, books	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading, written materials	Lead discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Kindergarten
 Unit: Nutrition

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: State the importance of eating nutritious foods and identify healthy foods from different food groups	2.1.2. B.1	Name foods in different food groups: grains, vegetables, fruits, milk, meat and beans. Give examples of healthy food choices from each group	Class participation, completion of worksheets, identifying healthy food choices	Healthwave Kdg, puppets, books about food groups, Salem County AVA videos, color sheet,	www.mypyramid.gov , www.learn360.com , other media/technology that becomes available	LAL, Reading, written materials	Web activities, food pyramid activities	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Kindergarten
 Unit: Personal Growth and Development

Desired Results	NJC CCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Develop an awareness of healthy habits (use clean tissues, wash hands, handle food hygienically, brush teeth, dress appropriately for the weather)	2.1. A.1	Teach about proper hand-washing technique importance of bathing dental health: proper way to brush, floss, see dentist regularly invite dental care professional in to speak to class Appropriate dress for the winter	Proper demonstration of hand-washing, dental care, completion of worksheets, color sheets	Healthwave Kindergarten, Salem County AVA, www.american-dentalasso-ciation.org ; Dental Health videos; “Meet Your Teeth” Dental workbook; Large model of teeth, large toothbrush; Henry the Hand, CDC hand washing material, Dental Health Assembly	Salem County AVA, Learn360.com , other media/technology that becomes available	LAL, Reading, written materials	Lead discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Kindergarten
 Unit: Safety

Desired Results	NJCC CS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Use safe practices indoors and outdoors	2.1.P. D.1	Wear bike helmets while riding bikes, wear seatbelts, walk in halls, practice safety drills	Class participation, quiz, make posters about safety awareness	Healthwave Kdg,	Salem County AVA, www.911forkids.com , and any other appropriate technology/media that becomes available	LAL, Reading, written materials	Lead discussion, helmet demonstration	Read orally, translation if necessary, peer support, allow extra time
Identify community helpers who maintain a safe environment	2.1.P. D.3	Doctors, nurses, teachers, police, firemen, pharmacist keep us safe and healthy						
Know how to dial 911 for an emergency	2.1.P. D.4	Practice Dialing 911, writing their name and phone number						

Subject: Health

Grade: Grade 1

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: explain negative effects of tobacco, and dangers of drugs Explain how tobacco can be harmful to non-smokers	2.3.2.B.2	Negative effects of tobacco use on personal hygiene, health and safety, dangers of second hand smoke Dangers of using drugs	Class participation , worksheets Make drug free posters Red Ribbon Week Activities	Healthwave Grade 1, Salem County AVA, Drug free activity books,	Salem County AVA, www.learn360.com , and any other appropriate media/technology that may become available	LAL, Reading materials, written responses	Lead discussion, Display poster	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 1

Unit: Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize strategies to prevent the spread of diseases and health conditions.	2.1.2.C.	Healthy habits: bathing, brush teeth, hand-washing technique, dress appropriately for winter Stay home when sick Cover cough and sneeze with tissue or elbow	Class participation, worksheets, color sheet, demonstration of appropriate hand-washing technique	Healthwave Grade 1, www.cdc.gov , www.henrythehand.com , Salem County AVA video	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading materials, written responses	Lead discussion, demonstration of measures to prevent spread of disease	Read orally, translation if needed, peer support, allow extra time

Subject: Health
 Grade: Grade 1
 Unit: Nutrition

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Explain why some foods are healthier to eat than others;</p> <p>Sort foods according to food groups</p>	2.1.2.B.1	<p>Food Pyramid: name five main food groups: grains, vegetable, fruits, milk, meat and beans; chose examples of healthy foods from each group; identify what food group each food belongs</p>	<p>Class participation, color food pyramid according to groups, Food Group Booklet</p>	<p>Health wave Grade 1, www.my.pyramid.gov Salem County AVA videos, large posters and diagrams of food pyramid,</p>	<p>Salem County AVA, www.learn360.com, other media technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Lead discussion, Food Pyramid activities and web site</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 1

Unit: Personal Growth and Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accomoda-tions for SE and ELL
SWBAT: Explain what being well means and identify self-care practices that support wellness	2.1.2.A.1	1.Hand-washing: instruct students on proper hand washing technique -when and how to wash hands; 2. bathing, 3. hygiene, 4. dental care: Use large teeth model to demonstrate proper technique in brushing and flossing	Demonstration of proper hand washing technique, demonstration of proper brushing and flossing on giant tooth model; worksheets	Healthwave Grade 1, www.AmericanDentalAssociation.org ; "Meet your Teeth Workbook"; Salem County AVA videos, www.foodsafety.gov (Fight Bac Program), other worksheets/ activities about hand washing hygiene, Salem County AVA videos	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading materials, written responses	Dental Health, Hand washing web sites	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 1
 Unit: Relationships

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast different kinds of families	2.4.2.A.1	List different types of families: nuclear, single parent, blended, foster, living with other relatives; Draw a picture of your family, all families are different	Class participation, draw picture of family	Healthwave, Grade 1	Salem County AVA, other media technology that becomes available	LAL, Reading materials, written responses	Lead discussion, family poster	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 1

Unit: Wellness, Social and Emotional Health

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Identify basic social and emotional needs of all people	2.1.2.E.1	Basic Human Emotions-appropriate ways to express emotions	Class participation, worksheets, quizzes	Healthwave Grade 1,	Salem County AVA, and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Lead discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 2
 Unit: Advocacy and Service

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: determine the benefits for oneself and others for participating in a class or school service activity	2.2.2.D.1	Discuss benefits of helping others, and participating in service and community projects	Class participation, participation in a community project	Healthwave Grade2, various community organizations	Salem County AVA, www.learn360.com , and any other appropriate technology/ media that becomes available	LAL, Reading materials, written responses	Service Learning Project	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 2

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Identify ways that drugs can be abused	2.3.2.B.1	Discuss dangers of drugs including abuse of drugs	Class participation, worksheets, Salem County AVA videos, Red Ribbon Week Activities, Drug Free activity books	Healthwave Grade 2, Salem County AVA,	Salem County AVA, www.learn360.com , and any other appropriate technology/media that becomes available	LAL, Reading materials, written responses	Lead discussion, posters activity, websites	Read orally, translation if necessary, peer support, allow extra time
Identify products that contain alcohol	2.3.2.B.4	List products that contain alcohol						
List substances that should never be inhaled and explain why	2.3.2.B.5	Discuss dangers of inhaling products such as chemicals, paint, etc in a manner that can cause harm						

Subject: Health
 Grade: Grade 2
 Unit: Character Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain the meaning of character and how it is reflected in the thoughts, feelings and actions of oneself and others	2.2.2.C.1	Character Development ; discuss pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring, Citizenship	Class participation, discussion,	Healthwave Grade 2, Developing Character when it Counts	Salem County AVA, and other technology/media that becomes available	LAL, Reading materials, written responses	Lead discussion	Read orally, translation if necessary, peer support, allow extra time
Identify types of disabilities and demonstrate appropriate behavior when	2.2.2.C.2	Role play situations dealing and interacting with someone with a disability						

Subject: Health
Grade: Grade 2
Unit: Character Development

dealing with people with disabilities								
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Subject: Health
 Grade: Grade 2
 Unit: Dependency and Addiction

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Recognize that some people may have difficulty controlling their use of alcohol, tobacco and other drugs	2.3.2.C.1	Some people have difficulty controlling their use of alcohol, tobacco and other drugs	Class participation, worksheets, class discussion	Health wave Grade 2	Salem County AVA, other media and technology that becomes available	LAL, Reading materials, written responses	Lead discussion	Read orally, translation if necessary, peer support, allow extra time
Explain that people who abuse alcohol, tobacco and other drugs can get help	2.3.2.C.2	There is help available to control their use						

Subject: Health

Grade: Grade 2

Unit: Health Services and Information

Desired Results	NJCC CS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Determine where and how to access home, school, and community health professionals	2.2.2. E.1	Discuss various health professionals and their roles: doctor, nurse, police, pharmacist	Class participation, worksheets	Healthwave Grade 2, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate technology/media that becomes available	LAL, Reading materials, written responses	Lead discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 2

Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Express needs, wants, and feelings in health and safety related situations	2.2.2.A.1	Communication techniques-ways to express needs, wants and feelings related to health and safety	Class participation, quizzes, worksheets, group activities	Healthwave Grade 2, Salem County AVA	Salem County AVA , www.learn360.com , and any other appropriate technology/ media that becomes available	LAL, Reading materials, written responses	Lead discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 2
 Unit: Medicines

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain what medicines are and when some types of medicine are used	2.3.2.A.1	Discuss what medicines are-to help you when you are sick.	Class participation, worksheets, quizzes	Healthwave Grade 2, Salem County AVA, FDA Medication Safety	Salem County AVA, www.learn360.com , and any other appropriate media/technology that may become available	LAL, Reading materials, written responses	Medicine Safety websites, lead a discussion	Read orally, translation if necessary, peer support, allow extra time
Explain why medicines should be administered as directed.	2.3.2.A.2	Only take medicines that are given to you by a trusted adult-never take on your own						

Subject: Health
 Grade: Grade 2
 Unit: Nutrition

Desired Results	NJCCC S	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Explain how foods in the food pyramid differ in nutritional content and value ;</p> <p>Summarize information about food found on product labels</p>	<p>2.1.2. B.2</p> <p>2.1.2. B.3</p>	<p>Discuss nutritional content of foods from each food group, draw diagram of food pyramid, list foods from each group, create a food group booklet. Identify what information can be found on a food label and state the amount of each nutrient; compare food labels</p>	<p>Class participation, completion of food pyramid, proper identification of food label</p>	<p>Healthwave Grade 2, www.mypyr.amid.gov; Salem County AVA videos, models and posters of food pyramid, Food sorting cards, worksheets</p>	<p>Salem County AVA, www.learn360.com, other technology media that becomes available</p>	<p>LAL, Reading materials, written responses, math-food servings</p>	<p>Lead a discussion, food pyramid activities</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 2

Unit: Personal Growth and Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Use correct terminology to identify body parts, and explain how body parts work together to support wellness.	2.1.2. A.2	Discuss body systems: Heart, Skin and Bones, Five Senses, Brain, Eyes, Teeth; have students use a stethoscope to listen to their heart beat	Class participation, correctly identifying body parts on a diagram and explaining how body systems work together; worksheets,	Healthwave Grade2; Scholastic Books Body Systems; posters and diagrams of heart, skeleton; American Heart Association Heart Power; Salem County AVA videos; large models of lungs, heart, large human skeleton model	Salem County AVA, www.learn360.com , other technology resources that become available	LAL, Reading materials, written responses , math	Calculate pulse at rest and when exercising	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 2
 Unit: Pregnancy and Parenting

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: explain the factors that contribute to a healthy baby	2.4.2.C.1	Factors that contribute to a mother having a healthy baby: seeing her doctor, no drugs, alcohol or smoking, good nutrition	Class participation, discussion	Healthwave Grade 2	Salem County AVA, other technology media that becomes available	LAL, Reading materials, written responses	Lead discussion groups	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 2
 Unit: Relationships

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Distinguish roles of family members Determine factors that contribute to healthy relationships	2.4.2. A.2 2.4.2. A.3	Discuss roles of family members, discuss factors that contribute to a healthy relationship: love, kindness, honesty, helpfulness, work together to accomplish chores, etc	Class participation, worksheets, discussion	Healthwave Grade2	Salem County AVA, other technology media that becomes available	LAL, Reading materials, written responses	Lead a discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade : 2
 Unit: Safety

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Identify ways to prevent injuries at home, school and in the community</p> <p>Differentiate among strangers , acquaintances and trusted adults and describe safe and appropriate behaviors</p>	<p>2.1.2. D.1</p> <p>2.1.2. D.2</p>	<p>Fire Safety, Fire prevention, Bicycle helmets, use of seatbelts, Bus safety, poison safety-poison control, traffic safety, pedestrian safety, safety signs Discuss good touch/bad touch Characteristics of strangers</p>	<p>Class participation, worksheets, posters on safe practices</p>	<p>Healthwave Grade 2, New Jersey Poison Control Resources, Salem County AVA videos, New Jersey Bus Safety Program</p>	<p>Salem County AVA, and any other appropriate technology, media that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Safety websites, posters</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 2
 Unit: Sexuality

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast the physical differences and similarities of the genders	2.4.2.B.1	There are differences between boys and girls. We are all different. List differences	Class participation, students draw pictures of themselves, boys and girls	Healthwave Grade 2	Salem County AVA, other media technology that becomes available	LAL, Reading, written materials	Lead class discussions	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 3

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain the dangers of alcohol, tobacco and drug use	2.3.4. B.1 2.3.4. B.2 2.3.4. B.3	Illegal to use or possess certain drugs/ sub- stances and legal conse- quences Compare short and long term effects of tobacco, second hand smoke	Class participation, worksheets, quizzes,	Healthwave Grade 3, Drug Free Activity Books, red Ribbon Week activities, Salem County AVA videos	Salem County AVA, www.learn360.com , and any other appropriate technology/media that becomes available	LAL, Reading materials, written responses	Drug free websites, poster project	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 3

Unit: Diseases and Other Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain how most diseases and health conditions are preventable	2.1.4.C.1	Communi- cable vs. Non- communi- cable diseases Ways to prevent spread of infection: Immuniza- tions Hand washing How diseases are spread: contact, air, water, blood, food	Class participation, quiz, worksheets	Healthwave, Grade 3 Salem County AVA videos, www.cdc.gov	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading materials, written responses	Lead discussion groups Speakers from health department	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 3
 Unit: Health Services

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: identify health services and resources provided by the school and community Explain when and how to seek help for a health problem	2.2.4. E.1 2.2.4. E.2	Discuss health services provided by the school and the community List steps for seeking help for a health problem	Class participation, worksheets, quizzes, group activities	Healthwave Grade 3, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Obtain brochures from community health service organizations	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 3

Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate effective interpersonal communication in health and safety related situations	2.2.4. A.1	Techniques of interpersonal communication, active listening, eye contact, speaking clearly	Class participation, worksheets, quizzes, group activities	Healthwave Grade 3, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading materials, written responses	Oral presentation to demonstrate communication techniques	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 3

Unit: Personal Growth and Development

Desired Results	NJCCC S	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Determine the relationship of personal health practices and behavior on an individual's body system.	2.1.4.A.2	Discuss the different body systems and organs and explain that we must take care of our bodies to be healthy. Digestive System, Heart, Skeletal System, Respiratory System, Students can label diagram to correctly identify body parts.	Label correct body parts and organs on diagrams and state correct function of body systems; list ways they can keep their bodies healthy	Healthwave Grade 3, Salem County AVA videos, Large skeleton model, transparencies and posters of body systems; Models of body systems	Salem County AVA, www.learn360.com video-streaming and other media technology hat becomes available	LAL, Reading materials, written responses	Body Systems poster, hands on models on heart, skeleton	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 3
 Unit: Relationships

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: explain how families share common values</p> <p>Explain why healthy relationships are fostered in some families and not in others</p>	<p>2.4.4. A.1</p> <p>2.4.4. A.2</p>	<p>Some families: share common values, provide love and emotional support, set boundaries and limits</p> <p>Importance of a healthy relationship in our family</p>	<p>Class participation, worksheets, class discussion</p>	<p>Healthwave Grade 3</p>	<p>Salem County AVA, other media technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Role-play discussions</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 3
 Unit: Safety

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Determine situations that are safe and unsafe and develop strategies to reduce the risk of injuries at home, school and in the community.	2.1.4.D.1	Fire Safety-ways to prevent fires and what to do in a fire, poison safety, accident prevention, bicycle safety, stranger safety	Class participation, worksheets, quizzes	Healthwave Grade 3, New Jersey Poison Control , Salem County AVA videos	Salem County AVA, and any other appropriate technology, media that becomes available	LAL, Reading materials, written responses	Safety websites, posters	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 3
 Unit: Social and Emotional Health

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast how individuals and families attempt to address basic human needs	2.1.4.E.1	Discuss basic human needs- food, water, shelter, love	Class participation, worksheets, quizzes, group activities	Healthwave Grade 3, Salem County AVA	Salem County AVA and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Family project	Read orally, translation if necessary, peer support, allow extra time
Demonstrate strategies to prevent and resolve conflicts	2.1.4.E.2	Conflict resolution, bullying, what is a bully, what to do if being bullied						

Subject: Health
 Grade: Grade 4
 Unit: Advocacy and Service

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain the impact of participation in different kinds of service projects on community wellness	2.2.4. D.1	Discuss various types of service projects, explain the benefits of participating in service projects, encourage participation in community/service projects, ex. Jump rope for Heart, Hoops for Heart, Pennies for Patients, Coat drive for the needy,	Class participation, discussion, participation in service projects	Healthwave Grade 4, Salem County AVA, www, various organization	Salem County AVA, www.learn360.com , and any other appropriate technology/ media that becomes available	LAL, Reading materials, written responses	Service Learning Project	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 4

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize the short and long term effects of alcohol	2.3.4. B.4	List short term and long term effects of alcohol	Class participation, worksheets, quizzes, Drug free posters	Healthwave Grade 4, Red Ribbon Week Activities, Drug Free activity books	Salem County AVA, www.learn360.com , other technology/media that becomes available	LAL, Reading materials, written responses	Poster on drug alcohol prevention, oral presentation	Read orally, translation if necessary, peer support, allow extra time
Identify the short and long term physical effects of inhaling certain substances	2.3.4. B.5	List short term and long term effects of inhaling certain substances						

Subject: Health

Grade: Grade 4

Unit: Decision Making and Goal Setting

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Use the decision making process when addressing health related issues	2.2.4.B.2 2.2.4.B.3 2.2.4.B.4	Use the decision making process to address health issues How do family, peers, media influence decisions Develop a personal health goal	Class participation , quizzes, worksheets, health goal development	Healthwave Grade 4, Salem County AVA	Salem County AVA, www.learn360.com , and other appropriate technology/ media that may become available	LAL, Reading materials, written responses	Role play activities	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 4

Unit: Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Justify how the use of universal precautions, sanitation and waste disposal, proper food handling and storage, and environmental controls prevent diseases and health conditions	2.1.4.C.2	Universal Pre-cautions Proper waste disposal Hand washing Food safety How diseases are spread: communicable diseases Role of Immune System in helping the body fight infection	Class participation, worksheets, quiz	Healthwave, Grade 4 www.cdc.gov , www.foodetectives.com , www.foodsafefety.gov Salem County AVA videos	Salem County AVA, www.learn360.com and other media/technology that becomes available	LAL, Reading materials, written responses	Presentation of disease-research more information	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 4

Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate effective interpersonal communication when responding to disagreements or conflicts with others	2.2.4.A.2	Communication techniques, conflict resolution strategies	Class participation, quizzes, worksheets, group activities	Healthwave Grade 4, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading materials, written responses	Oral presentation	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 4
 Unit: Medicines

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Distinguish between over-the-counter and prescription medicine	2.3.4. A.1	Discuss the difference between prescription and non-prescription medicines	Class participation, worksheets, quizzes	Healthwave Grade 4, Food and Drug Administration	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading materials, written responses . Science: Compare and contrast dosages, side effects and indications of over the counter and prescription medications.	Medication safety websites	Read orally, translation if necessary, peer support, allow extra time
Determine possible side effects of common types of medicines	2.3.4. A.2	List possible side effects of common types of medicines						

Subject: Health
 Grade: Grade 4
 Unit: Nutrition

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Create a healthy meal based on nutritional content, value , calories and cost	2.1.4.B.3	Nutrients: benefits of: carbohydrates, fats, proteins, vitamins, minerals, fiber, water	Create a healthy meal plan by following the my pyramid guidelines	Healthwave Grade 4, www.mypyramid.gov ; Salem County AVA videos, models and diagrams of food pyramid, nutritional labels	Salem County AVA, www.learn360.com , other media/technology that becomes available	LAL, Reading materials, written responses Science: Analyze nutritional content of foods: fats, proteins, carbohydrates. Interpret good product labels. Create healthy meals with food pyramid.	Food pyramid activities	Read orally, translation if necessary, peer support, allow extra time
Interpret food product labels based on nutritional content	2.1.4.B.4	Read and learn items on Nutritional food labels	Identify nutritional facts from food product labels and compare food according to nutritional content					

Subject: Health
 Grade: Grade 4
 Unit: Pregnancy and Parenting

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Explain the process of fertilization</p> <p>Relate the health of birth mother to development of a healthy fetus</p>	<p>2.4.4. C.1</p> <p>2.4.4. C.2</p>	<p>Fertilization occurs when the male sperm cell unites with the female egg cell. Cells divide to create and embryo/fetus that grows and develops during pregnancy</p> <p>The birth mother must take care of her health during pregnancy to have a</p>	<p>Class participation, worksheets, class discussion,</p>	<p>Healthwave Grade 4</p>	<p>Salem County AVA, other media and technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>posters</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 4

Unit: Pregnancy and Parenting

		healthy pregnancy, fetus, baby						
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Subject: Health
 Grade: Grade 4
 Unit: Safety

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Summarize the various forms of abuse and ways to get help</p> <p>Demonstrate simple first aid procedures for choking, bleeding, burns and poisoning</p>	<p>2.1.4. D.2</p> <p>2.1.4. D.4</p>	<p>Stanger safety, child abuse, good touch vs. bad touch, Discuss how to talk to a trusted adult if feeling unsafe</p> <p>Basic First Aid: Heimlich Maneuver apply pressure, infection control practices, protecting yourself, use of 911, contents</p>	<p>Class participation, quizzes, worksheets</p>	<p>Healthwave Grade 4, Salem County AVA videos, American Red Cross</p>	<p>Salem County AVA, and any other appropriate technology, media that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Role play ways to get help</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
Grade: Grade 4
Unit: Safety

		of a first aid kit, poison control hotline info						
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Subject: Health
 Grade: Grade 4
 Unit: Sexuality

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Differentiate the physical, social, and emotional changes that occur during puberty and explain why puberty begins and ends at different ages.	2.4.4.B.1	Puberty is a time when boys and girls develop physically, emotionally and socially from children into adolescents. Everyone goes through puberty, but at different rates. Most children start puberty between ages 9-14. Individual girls class: changes that take place in girls during puberty: grow taller, breasts develop, hips widen, menstrual cycle	Class participation,	Healthwave Grade 4, Always Changes, It's a Change Thing, Salem County AVA Videos	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading materials, written responses	Lead a discussion	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 4

Unit: Social and Emotional Health

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate strategies to prevent and resolve conflicts	2.1.4. E.2	Distin-guish among violence, harass-ment, gang violence, discrimi-nation, and bullying and demon-strate conflict resolution	Class participation, worksheets, quizzes, group activities	Healthwave Grade 4, Salem County AVA, guest speakers, bully assembly	Salem County AVA, www.learn360.com , and any other appropriate technology/ media that may become available	LAL, Reading materials, written responses	Role play conflict resolution strategies	Read orally, translation if necessary, peer support, allow extra time
Determine ways to cope with rejection, loss	2.1.4. E.3							
Summarize cause of stress and explain how to deal with stressful situations	2.1.4. E.4	Stress: causes, ways to deal with stressful situations						

Subject: Health

Grade: Grade 5

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Relate tobacco use to disease Determine situations where use of alcohol and drugs can influence decisions and place one at risk	2.3.6. B.2 2.3.6. B.6	Discuss diseases and health problems caused by tobacco use Negative effects of alcohol can impair decision making, place one at risk	Class participation, worksheets, quiz, drug free posters, Red Ribbon Week Activities	Healthwave Grade 5, Salem County AVA videos	Salem County AVA videos, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Drug alcohol and tobacco prevention websites, research project	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 5

Unit: Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Use effective decision making strategies	2.2.6. B.1	Use the decision making process to help make a health related decision	Class participation, group activities, role play	Healthwave Grade 5, Salem County AVA,	Salem County AVA, www.learn360.com , and any other appropriate health data that may become available	LAL, Reading materials, written responses	Student led role playing activities	Read orally, translation if necessary, peer support, allow extra time
Apply personal health data to support achievement of health goals	2.2.6 .B.4	Use health data such as blood pressure, height, weight, etc to help make health related decisions						

Subject: Health

Grade: Grade 5

Unit: Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize means of detecting and treating diseases and health conditions that are prevalent in adolescents	2.1.6. C.1	Communi- cable and Non- communi- cable diseases, Influenza, HIV/AIDS- myths and facts of HIV transmis- sion Lymes Disease: transmis- sion, diagnosis, treatment	Class participation, quizzes, worksheets	Healthwave, Grade 5 www.cdc.gov , Salem County AVA videos	Salem County AVA, www.learn360.com , other media/technology that becomes available	LAL, Reading materials, written responses	Research current diseases affecting youth and present information to class	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 5

Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate verbal and nonverbal interpersonal communication in various settings that impact the health of oneself and others	2.2.6.A.1	Communication technique, active listening, ways to improve communication	Class participation, worksheets, quizzes, group activities	Healthwave Grade 5, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading materials, written responses	Role play activities	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 5
 Unit: Nutrition

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Determine factors that influence food choices and eating patterns.</p> <p>Summarize the benefits and risks associated with nutritional choices, based on eating patterns.</p>	<p>2.1.6.B.1</p> <p>2.1.6B.2</p>	<p>Have students comparison shop for foods that they usually eat. Discuss healthy menu and food choices. Use food pyramid to guide food choices</p> <p>Discuss heart disease, diabetes, stroke-how our nutritional choices can lead to heart /health problems</p>	<p>Class participation, quiz, identification of healthy food choices, risks/benefits of food choices</p>	<p>Healthwave Grade 5 www.mypyr.amid.gov Salem County AVA videos, Food Pyramid Bingo,</p>	<p>Salem County AVA, www.learn360.com, other media technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Food pyramid activities, menu analysis</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 5

Unit: Personal Growth and Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain how health data can be used to assess and improve each dimension of personal wellness;	2.1.6.A.1	Assess students' blood pressure, height and weight. Have students calculate their BMI (Body Mass Index); use stethoscope to listen to their heartbeat and check pulse	Class participation, worksheets, ability to calculate their BMI, check pulse	Healthwave Grade 5; scale, BP cuff, stethoscopes, Salem County AVA	www.cdc.gov/BMI , Salem County AVA, other media technology that becomes available	LAL, Reading materials, written responses , math	Calculate heart rate at rest and after exercise	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 5
 Unit: Relationships

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast how families change over time	2.4.6. A.1	Discuss how families can change over time through marriage, separation divorce	Class participation, worksheets, discussion, quizzes	Healthwave Grade 5	Salem County AVA, other media, technology resources that become available	LAL, Reading materials, written responses	Family project	Read orally, translation if necessary, peer support, allow extra time
Analyze the characteristics of healthy friendships	2.4.6. A.2	List characteristics of healthy friendship and how we can be a good friend						

Subject: Health
 Grade: Grade 5
 Unit: Sexuality

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/ Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare growth patterns of males and females during puberty	2.4.6.B.1	<u>Changes that take place in males during puberty:</u> growth spurts, voice deepens, hair growth in pubic area, legs, chest, face, acne, perspiration, growth of penis and testicles, erection, nocturnal emissions. Importance of hygiene. Proper names and location of male reproductive system: penis, scrotum, testicles. <u>Changes that take place in females during puberty:</u> growth spurts, breasts develop, hair on pubic area, under arms, legs, perspiration, menstruation and ovulation, importance of hygiene. Proper names of female reproductive system: ovaries, fallopian tube, uterus, cervix, vagina	Class participation, correctly identifying reproductive parts	Healthwave, Grade 5 It's a Girl thing and It's a guy thing (KOTEX), handouts and videos, Salem County AVA	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading materials, written responses		Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 5
 Unit: Social and Emotional Health

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: State ways to resolve incidence school and community conflict	2.1.6. E.1	Bullying, violence, harassment gang violence, discrimination, ways to resolve, conflict resolution, change, crisis; Respect individual differences regardless of gender, sexual orientation, disability, religion, etc.	Class participation, worksheets, quizzes, group activities	Healthwave Grade 5, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Conflict resolution role play	Read orally, translation if necessary, peer support, allow extra time
Compare and contrast ways that individuals and communities cope with change, crisis, loss	2.1.6. E.2							
	2.1.6. E.3							

Subject: Health

Grade: Grade 6

Unit: Advocacy and Service

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Participate in a service learning/community project	2.2.6.D.1 2.2.6.D.2	Determine opportunities for volunteer service in the community. Develop a position about a health issue and inform peers	Class participation, participation in community or volunteer project, health topic position-group activity, poster,	Healthwave Grade 6, Salem County AVA, various organizations	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Service/Community project	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 6

Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain the drug classification system	2.3.6.B.1	Drug classification system	Class participation, Worksheets, drug free posters, project: drug classification; Red Ribbon Week Activities	Healthwave Grade 6, Salem County AVA videos	Salem County AVA, www.learn360.com ; and any other appropriate technology/media that may become available	LAL, Reading materials, written responses	Drug Poster	Read orally, translation if necessary, peer support, allow extra time
Compare laws on smokers and non smokers	2.3.6.B.3	Laws for smokers vs. non-smokers						
Determine the impact of alcohol on one's health	2.3.6.B.4	Negative health effects of alcohol						
Summarize signs of inhalant use	2.3.6.B.6	Signs of inhalant use						
Analyze the relationship	2.3.6.B.7							

Subject: Health

Grade: Grade 6

Unit: Alcohol, Tobacco and Other Drugs

between injected drugs and disease		The relationship between injected drug use and the diseases HIV/AIDS and hepatitis						
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Subject: Health
 Grade: Grade 6
 Unit: Character Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain how character and core ethical values can be useful in addressing challenging situations	2.2.6.C.1	Character development skills; how to handle challenging situations; importance of including peers with disabilities	Class participation, worksheets, videos, role play, discussion	Healthwave Grade 6,	Salem County AVA, other technology that becomes available	LAL, Reading materials, written responses	Student developed role play situations	Read orally, translation if necessary, peer support, allow extra time
Predict situations that may challenge an individual's core ethical values	2.2.6.C.2							
Develop ways to include	2.2.6.C.3							

Subject: Health
Grade: Grade 6
Unit: Character Development

peers with dis- abilities								
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Subject: Health

Grade: Grade 6

Unit: Dependency and Addiction

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize signs and symptoms of an abuse problem	2.3.6.C.1	Signs of addiction, effect of addiction on wellness, factors that lead to addiction: peer pressure, low self esteem, genetics, poor role models	Class participation, discussion, worksheets, discussion	Healthwave Grade 6, Drug/Alcohol Activity Books	Salem County AVA, www.learn360.com , other media/technology that becomes available	LAL, Reading materials, written responses	Lead a discussion	Read orally, translation if necessary, peer support, allow extra time
Explain how wellness is affected during dependency	2.3.6.C.2							
Determine factors that contribute to dependency/addiction	2.3.6.C.3							

Subject: Health
Grade: Grade 6
Unit: Dependency and Addiction

Determine strategies to stop using alcohol, tobacco or other drugs								
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Subject: Health

Grade: Grade 6

Unit: Diseases and Other Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Determine the impact of public health strategies to prevent disease and health conditions</p> <p>Compare and contrast common mental illnesses (depression, anxiety, phobia) and ways to treat and detect them</p>	<p>2.1.6.C.2</p> <p>2.1.6.C.3</p>	<p>Laws and rules to help prevent diseases and health conditions</p> <p>Immunization, exclusion from school when ill or have communicable disease</p> <p>Depression</p> <p>Anxiety</p> <p>Phobia</p> <p>Stress (causes, symptoms)</p> <p>Suicide-warning signs , statistics, resources for help</p>	<p>Class participation, discussion, worksheets</p>	<p>Health wave, www.cdc.gov, Salem County Health Dept resources, Salem County AVA videos</p>	<p>Salem County AVA, other media technology that becomes available</p>	<p>LAL, Reading materials, written responses</p> <p>Social Studies: Research Salem County Health Department regulations on disease prevention, communicable diseases, and immunization requirements for public health and safety.</p>	<p>Research diseases affecting youth and report</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 6
 Unit: Health Services

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: determine the validity and reliability of different types of health resources	2.2.6.E.1	Compare different types of health resources: internet, tv, doctor, nurse	Class participation, worksheets, quizzes, group activity, role play	Healthwave Grade 6, Salem County AVA	Salem County AVA, www.learn360.com , and other appropriate technology/media that may become available	LAL, Reading materials, written responses	Examine health sources and report to peers findings about their reliability	Read orally, translation if necessary, peer support, allow extra time
Distinguish health issues that warrant support from trusted adults or health professionals	2.2.6.E.2	Discuss health concerns that would warrant seeing a health care provider						

Subject: Health
 Grade: Grade 6
 Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate use of assertive, refusal and negotiation skills in different situations	2.2.6.A.2	Assertive skills, Negotiation, Refusal Skills- students can role play situations that they may come across to be able to use these skills	Class participation, quizzes, worksheets, group activities, role play	Healthwave Grade 6, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading materials, written responses	Student developed role playing	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 6
 Unit: Nutrition

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
Create a daily balanced nutritional meal plan based on nutritional content, value, calories and cost	2.1.6. B.3	Using www.mypyramid.gov , allow students to determine their required calories and servings from each food group. To create a healthy meal plan using servings from all food groups.	Class participation, Creation of a healthy meal plan following my pyramid. Gov guidelines	Healthwave Grade 6, www.mypyramid.gov , Salem County AVA,	Salem County AVA, www.learn360.com , other media/technology that becomes available	LAL, Reading materials, written responses	Food pyramid activities and meal planning project	Read orally, translation if necessary, peer support, allow extra time
Compare and contrast nutritional information on similar food products in order to make informed choice	2.1.6. B.4	Nutritional food labels. Have students read a food label and compare calories, fat, protein, sugar content, etc to other foods.	Correctly reading food nutrition labels for nutritional content and comparing					

Subject: Health

Grade: Grade 6

Unit: Personal Growth and Development

Determine factors that influence the purchase of health care products and use of personal hygiene practices	2.1.6.A.3	of drugs. You cannot change your heredity; there are many environmental factors that influence your health. Have students comparison shop certain products that they use regularly- why do they choose this product? How is product						
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Subject: Health

Grade: Grade 6

Unit: Personal Growth and Development

		packaged? Do you com- parison shop for similar products? How is this product advertised?						
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Subject: Health
 Grade: Grade 6
 Unit: Pregnancy and Parenting

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Summarize the sequence of fertilization, embryo, and fetal development during pregnancy	2.4.6.C.1	Fertilization occurs when male sperm and female egg unite; a zygote is formed; implantation in the wall of the uterus,, cells divide to form an embryo from weeks 1 through 8 then termed a fetus.	Class participation, worksheets, class discussion, essay on challenges faced by adolescent parents	Healthwave Grade 6, Comprehensive Health for the Middle Grade	Salem County AVA, www.learn360.com , other media/technology that becomes available	LAL, Reading materials, written responses	posters	Read orally, translation if necessary, peer support, allow extra time
Identify signs and symptoms of pregnancy	2.4.6.C.2	Signs and symptoms of pregnancy include no menstrual period, weight						
Identify prenatal practices that support healthy preg-	2.4.6.C.3							

Subject: Health
 Grade: Grade 6
 Unit: Pregnancy and Parenting

<p>nancy</p> <p>Predict challenges that may be faced by adolescent parents</p>	<p>2.4.6.C.4</p>	<p>gain, nausea; pregnant mother should have good nutrition, avoid alcohol, tobacco and other drugs, see her doctor;</p> <p>Challenges faced by adolescent parents: school, job, financial, support of family, lose free times with friends</p>						
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Subject: Health
 Grade: Grade 6
 Unit: Relationships

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: examine the types of relationships adolescence may experience</p> <p>Demonstrate successful resolution of a problem among friends</p> <p>Compare the role of dating in adolescence</p>	<p>2.4.6.A.3</p> <p>2.4.6.A.4</p> <p>2.4.6.A.5</p>	<p>Types of relationships: friends, family, student, relationships with opposite sex;</p> <p>Discuss conflict resolution strategies to handle problems among friends</p> <p>Dating in adolescence: what behaviors are appropriate/inappropriate</p>	<p>Class participation, worksheets, discussion, role play scenarios</p>	<p>Healthwave Grade 6</p>	<p>Salem County AVA, other media technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>	<p>Role play situations</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 6
 Unit: Safety

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Explain what to do if abuse is suspected or occurs	2.1.6.D.2	Discuss forms of abuse, what to do if abuse occurs- seek help from a trusted adult	Class participation, worksheets, quizzes	Healthwave Grade 6	Salem County AVA, and any other appropriate technology, media that becomes available	LAL, Reading materials, written responses	Posters of traffic signs Design bike helmets	Read orally, translation if necessary, peer support, allow extra time
Summarize the components of the traffic safety system and explain how to keep safe	2.1.6.D.3	Traffic Safety, seatbelts, pedestrian safety						

Subject: Health
 Grade: Grade 6
 Unit: Sexuality

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Summarize strategies to remain abstinent and resist pressure to become sexually active.</p> <p>Determine behavior that places one at risk for HIV/AIDS STIS, HPV, and unintended pregnancy. Predict the</p>	<p>2.4.6.B.2</p> <p>2.4.6.B.3</p> <p>2.4.6.B.4</p>	<p>Have students make list of benefits of remaining sexually abstinent: no STD's or AIDS, no unintentional pregnancy, emotional issues associated with sexual activity.</p> <p>Strategies to resist sexual pressure: assertiveness skills, saying no, keeping active in other activities. <u>HIV/AIDS</u>-how spread:</p>	<p>Class participation, quiz, essay of benefits of abstinence, verbalizing impacts of sexual behavior</p>	<p>Health wave Grade 6, Comprehensive Health for the Middle Grades: Puberty and reproduction, HIV/AIDS, Salem County AVA videos</p>	<p>Salem County AVA, www.learn360.com, other media/technology that becomes available</p>	<p>LAL, Reading materials, written responses</p>		<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
Grade: Grade 6
Unit: Sexuality

possible physical, social, and emotional impacts of adolescent decisions regarding sexual behavior		sexual activity, sharing of needles, from mother to baby during pregnancy; discuss facts and myths of HIV/AIDS;						
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Subject: Health
 Grade: Grade 6
 Unit: Social and Emotional Growth

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Make recommendation to resolve incidence of school and community conflict, harassment gang violence, discrimination, and bullying	2.1.6. E.2	Bullying, violence, gang violence, discrimination. Conflict resolution	Class participation, worksheets, quizzes, group activities	Healthwave Grade 6, Salem County AVA, Bullying Assembly, guest speaker	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading materials, written responses	Conflict Resolution role play	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 7

Unit: Alcohol, Tobacco and Other Drugs: Drugs and Medicine

Analyze health risks of injecting drugs	2.3.8.B .7							
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Subject: Health

Grade: Grade 7

Unit: Decision Making and Goal Setting

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Use the decision making model to make health-related decisions	2.2.8.B.1 2.2.8.B.2 2.2.8.B.3	Social situations that may require use of decision making skills Individual vs. collaborative decision making Factors that support or enhance achieving personal health goals	Class participation, quizzes, worksheets, role play, group activities	Healthwave Grade 7, Salem County AVA, www.learn360.com , www.learn360.com , any other appropriate technology/media that becomes available	Salem County AVA, www.learn360.com and other materials that become available	LAL, Reading materials, written responses	Role play	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 7
 Unit: Dependency and Addiction

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Compare and contrast theories about dependency/addiction</p> <p>Summarize intervention strategies that assist family and friends to cope with the impact of substance abuse</p>	<p>2.3.8. C.1</p> <p>2.3.8. C.2</p>	<p>Discuss theories of addiction: genetics, gender, multiple risks</p> <p>Recommendations for living a drug free life</p> <p>Help is available to families and individuals who are addicted: therapy, counseling medication, rehab, etc</p>	<p>Class participation, worksheets, discussion</p>	<p>Healthwave Grade7 Project Alert, other drug/alcohol resources</p>	<p>Salem County AVA, www.learn360.com, Projectalert.com, other media/technology that becomes available</p>	<p>LAL, Reading, written materials</p>	<p>Brochures and information from addiction clinics</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 7

Unit: Diseases and Health Conditions

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Evaluate emerging methods to diagnose and treat diseases and health conditions that are common to young adults in the United States and other countries, including Hepatitis, sexually transmitted diseases, HIV/AIDS, HPV	2.1.8. C.1	HIV/ AIDS, Hepatitis, HPV- transmission, diagnosis, treatment, prevention	Class participation, worksheets, quiz, Health Project Disease	Healthwave, Grade 7 www.cdc.gov , Comprehensive Health for the Middle Grades: HIV/AIDS, STDS, Salem County AVA videos	www.learn360.com Internet research and other media/technology that becomes available	LAL, Reading, written materials	Research disease affecting youth	Read orally, translation if necessary, peer support, allow extra time

Subject: Health

Grade: Grade 7

Unit: Health Services and Information

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: evaluate various health products	2.2.8.E.1	Evaluate various health products, services and resources from different sources, including the Internet	Class participation, quizzes, worksheets, role play, group activities	Healthwave Grade 7, Comprehensive Health for the Middle Grades	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading, written materials	Analyze health products and report findings	Read orally, translation if necessary, peer support, allow extra time
Compare and contrast situations that require support from trusted adults or health professionals	2.2.8.E.2	Discuss when to seek help from a healthcare professional						

Subject: Health

Grade: Grade 7

Unit: Interpersonal Communication

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast verbal and nonverbal interpersonal communication strategies in a variety of settings and cultures in different situations	2.2.8. A.1	Communication technique, role play effective communication strategies using verbal and nonverbal communication	Class participation, worksheets, quizzes, role play, group activities	Healthwave Grade 7, Salem County AVA	Salem County AVA, and any other appropriate media/technology that becomes available	LAL, Reading, written materials	Role Play communication techniques	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 7
 Unit: Medicine

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Discuss the potential risks and benefits of prescription and over-the-counter medicine</p> <p>Compare and contrast adolescent and adult abuse of prescription and non-prescription medicines</p>	<p>2.3.8. A.1</p> <p>2.3.8. A.2</p>	<p>Discuss the therapeutic effects and potential risks of commonly used over the counter medicines and prescription drugs can vary in different individuals</p> <p>Discuss medication abuse-prescription and non-prescription</p>	<p>Class participation, worksheets, group activities, quiz</p>	<p>Healthwave 7, Salem, County AVA, Project Alert</p>	<p>Salem County AVA, www.learn360.com, www.projectalert.com, other media/technology that becomes available</p>	<p>LAL, Reading, written materials</p>	<p>Medication Safety web activities</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health

Grade: Grade 7

Unit: Personal Growth and Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Assess and apply health data to enhance each dimension of personal wellness	2.1.8.A.1	We can use health data that we collect to improve our personal wellness and health ex. Blood pressure, pulse, height, weight, BMI; have students calculate BMI	Class participation, have students calculate their BMI on www.cdc.gov/BMI ; assess students' blood pressure, height and weight teach to check their heart-rate	Healthwave Grade7 www.cdc.gov/BMI ; stethoscopes, BP cuff, scale	www.learn360.com ; computer lab, Salem County AVA, and other technology/media that becomes available	LAL, Reading, written materials, math	Graph BMI on growth chart	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 7
 Unit: Safety

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Identify strategies to reduce the risk of intentional and unintentional injuries Describe personal protection strategies used in public places and what to do if safety is compromised Analyze the causes and the consequences of noncompliance with the traffic safety system	2.1.8. D.1	Water safety, personal safety, pedestrian safety, traffic safety, use of seatbelts, use of 911, how to get help in emergency, trusted resources from the community.	Class participation, quizzes, worksheets	Healthwave Grade 7, Salem County AVA Local and state law enforcement agencies	Salem County AVA, www.learn360.com , and any other appropriate technology/media that becomes available	LAL, Reading, written materials	Safety/ injury prevention research	Read orally, translation if necessary, peer support, allow extra time
	2.1.8. D.2	Gang violence: prevention strategies to avoid						
	2.1.8. D.3							

Subject: Health
Grade: Grade 7
Unit: Sexuality

active. Relate certain behaviors that place one at risk for HIV/AIDS	2.4.8.B.4							
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Subject: Health
Grade: Grade 7
Unit: Social and Emotional Health

ment strategies that are used to address various types of stress-induced situations	2.1.8.E.4	Stress: sources of stress, strategies to reduce stressful situations						
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Subject: Health
 Grade: Grade 8
 Unit: Alcohol, Tobacco and Other Drugs

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Predict the legal and financial consequences of the use, sale and possession of illegal substances	2.3.8. B.2	Dangers of drugs, alcohol and other drugs, legal and financial impact	Class participation, class discussion, visit and assembly from Salem County Prosecutors Office	Healthwave Grade 8, Comprehensive Health for the Middle Grades, Salem County AVA	Salem County AVA, other media/technology that becomes available	LAL, Reading, written materials	Drugs/ Alcohol Research	Read orally, translation if necessary, peer support, allow extra time
Relate the use of alcohol and other drugs to decision-making and risk for sexual assault and pregnancy and STDs	2.3.8. B.6	Using alcohol and drugs can impair your decision-making ability and put you at risk for STD's, sexual assault and pregnancy						

Subject: Health
 Grade: Grade 8
 Unit: Character Development

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Analyze strategies to enhance character development in individual, group and team activities	2.2.8. C.1	Analyze rules regarding behavior, team building activities, importance of working as a group	Class participation, role play, worksheets	Healthwave Grade 8, Comprehensive Health for the Middle Grades	Salem County AVA, and other media/technology that becomes available	LAL, Reading, written materials	Student developed role play activities	Read orally, translation if necessary, peer support, allow extra time
Analyze cultural response to individuals with disabilities	2.2.8. C.2							
Discuss reasons for group adherence	2.2.8. C.3							

Subject: Health
 Grade: Grade 8
 Unit: Interpersonal Communication

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Evaluate emerging methods to diagnose and treat diseases and health conditions that are common to young adults in the United States and other countries, including Hepatitis, sexually transmitted diseases, HIV/AIDS, HPV, breast cancer and testicular cancer</p> <p>Analyze local, state, national and international</p>	2.1.8.C.1	<p>HIV/ AIDS, HPV, Hepatitis, - how transmitted, signs and symptoms how treated, how to prevent transmission;</p> <p>Breast Cancer and Testicular Cancer: risk factors, early detection, diagnosis, treatment Breast self-exam and testicular exam</p>	Class participation, quiz, project on diseases, cancer, discussion, worksheets	<p>Healthwave, Grade 8 www.cdc.gov, www.americancancersociety.org, Comprehensive Health for the Middle Grades, HIV/STD, Nutrition and Eating Disorders, Salem County AVA videos</p>	Internet research, www.learn360.com , Salem County AVA, and other appropriate media/technology that becomes available	LAL, Reading, written materials	Research diseases affecting youth	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 8
 Unit: Interpersonal Communication

<p>public health efforts to prevent and control diseases and health conditions</p> <p>Analyze the impact of mental illness (depression, impulse disorder, eating disorders, bipolar) on physical, social, and emotional well-being</p>	<p>2.1.8. C.2</p> <p>2.1.8. C.3</p>	<p>Depres- sion, anxiety, bipolar disorder, eating disorders (anorexia and bulimia), Stress (symptoms and treatment), Suicide- warning signs, resources for help</p>							
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Subject: Health
 Grade: Grade 8
 Unit: Interpersonal Communication

Desired Results	NJCCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: demonstrate the use of refusal, negotiation and assertive skills when responding to peer pressure, disagreements, or conflicts	2.2.8. A.2	Refusal skills, negotiation, ways to handle peer pressure, conflict; role play scenarios	Class participation, role play, group activities	Healthwave Grade 8, Salem County AVA	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading, written materials	Role play communication techniques	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade: Grade 8
 Unit: Nutrition

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Identify healthy ways for adolescents to lose, gain or maintain weight.</p> <p>Design a weekly nutritional plan for families with different lifestyles, resources, special needs, and cultural backgrounds</p>	<p>2.1.8. B.2</p> <p>2.1.8. B.3</p>	<p>Healthy eating patterns, nutrients, nutrition labels, Food Pyramid, planning Healthy Meals, benefits of exercise, unhealthy "diets"</p>	<p>Class participation, quizzes, comparison of nutritional food labels, calculate BMI, follow my pyramid food plan based on age, sex and activity level, completion of a week's nutritional plan for themselves and their family</p>	<p>Healthwave Grade 8, www.mypyramid.gov, Salem County AVA videos, food pyramid posters and models, Comprehensive Health for the Middle Grades "Nutrition and Body Image"</p>	<p>Salem County AVA, www.learn360.com, and other appropriate media/technology that becomes available</p>	<p>LAL, Reading, written materials, math skills</p>	<p>Food pyramid Activities</p>	<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 8
 Unit: Personal Growth and Development

Desired Results	NJCCC S	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Compare and contrast the impact of genetics, family history, personal health practices and environment and development at each life stage; Relate advances in technology to maintaining and improving personal health; determine the impact of marketing techniques on the use of personal	2.1.8.A.2	Many factors contribute to health: environment, family history, genetics. Risk factors for certain diseases such as heart disease, cancer	Class participation, worksheets, quizzes	Healthwave Grade 8, Salem County AVA, Comprehensive Health Middle School Books,	Salem County AVA, www.learn360.com , and any other appropriate media/technology that becomes available	LAL, Reading, written materials		Read orally, translation if necessary, peer support, allow extra time
	2.1.8.A.3	Importance of regular medical visits, screenings						

Subject: Health

Grade: Grade 8

Unit: Personal Growth and Development

hygiene products, practices and services	2.1.8. A.4	Marketing and packaging of healthcare products.	Project: students will compare packaging and marketing of healthcare products					
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Subject: Health
 Grade: Grade 8
 Unit: Pregnancy and Parenting

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
<p>SWBAT: Summarize the signs and symptoms of pregnancy and the methods available to confirm pregnancy</p> <p>List changes that take place during each stage of pregnancy, including labor and childbirth</p> <p>Determine effective strategies and resource to deal with parenting</p> <p>Discuss short-term and long-term</p>	<p>2.4.8.C.1</p> <p>2.4.8.C.2</p> <p>2.4.8.C.3</p>	<p>Signs of pregnancy : no menstrual period, weight gain, breast tenderness; methods to confirm pregnancy: positive HCG blood/urine test, ultrasound, pelvic exam;</p> <p>Stages of pregnancy and embryo and fetal development stages of labor,</p> <p>Resources available to teen parents: physical, emotional and social</p>	<p>Class participation, worksheets, quizzes, discussion</p>	<p>Healthwave Grade8, Comprehensive Health for the Middle Grades</p>	<p>Salem County AVA, www.learn360.com, other media/technology that becomes available</p>	<p>LAL, Reading, written materials</p>		<p>Read orally, translation if necessary, peer support, allow extra time</p>

Subject: Health
 Grade: Grade 8
 Unit: Pregnancy and Parenting

<p>effects of teen pregnancy</p> <p>Discuss importance of good prenatal care</p>	<p>2.4. 8. C.4</p> <p>2.4. 8. C.5</p>	<p>challenges faced by teen parents;</p> <p>Importance of good prenatal care-no smoking, alcohol, drugs, good nutrition, see healthcare provider, sleep, exercise;</p> <p>complications from poor prenatal care</p>							
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Subject: Health
 Grade: Grade 8
 Unit: Relationships

Desired Results	NJCC CS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Predict how changes in a family affect its members	2.4.8. A.1	The impact of divorce, separation death in a family	Class participation, worksheets, discussion, role playing scenarios	Healthwave Grade 8, Comprehensive Health for the Middle Grades	Salem County AVA, www.learn360.com , other media technology that becomes available	LAL, Reading, written materials	Role Play	Read orally, translation if necessary, peer support, allow extra time
Explain how the family impacts character development	2.4.8. A.2	Our character is influenced by our family						
Explain when to seek help from professionals								
Differentiate between love, affection, and sexual attraction	2.4.8. A.3	There are professionals who can help families who are having difficulties						
Determine when a relationship is unhealthy	.4.8.A. 4							

Subject: Health
Grade: Grade 8
Unit: Relationships

Determine acceptable criteria for safe dating situations	2.4.8. A.5	There is a difference between love, affection and sexual attraction. Give examples of each						
	2.4.8. A.6	Dating safety- what situations are acceptable and safe and what situations are not acceptable for dating in adolescence						

Subject: Health
 Grade: Grade 8
 Unit: Safety

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Demonstrate first-aid procedures, including victim and situation assessment, Basic life Support, and the care of head trauma, bleeding, wounds, burns, fractures, shock and poisoning.	2.1.8. D.4	Basic First Aid: burns, bleeding, fractures, shock. Basic Life Support: discuss CPR, Heimlich Maneuver and use of 911	Class participation, worksheets, quizzes	Healthwave Grade 8, Salem County AVA videos	Salem County AVA, and any other appropriate technology, media that becomes available	LAL, Reading, written materials	Safety injury prevention research/ web activities	Read orally, translation if necessary, peer support, allow extra time

Subject: Health
 Grade : 8
 Unit : Social and Emotional Health

Desired Results	NJ CCCS	Learning Plan	Assessment	Resources	Technology/Media	Interdisciplinary Connections	Enrichment Activities	Accommodations for SE and ELL
SWBAT: Determine the effectiveness of existing home, school, and community efforts to address social and emotional health and prevent conflict	2.1.8. E.2	Social and Emotional Health, Conflict Resolution, Bullying, Violence Prevention	Class participation, worksheets, quizzes, group activities	Healthwave Grade 8, Salem County AVA videos	Salem County AVA, www.learn360.com , and any other appropriate technology/media that may become available	LAL, Reading, written materials	Conflict Resolution role play	Read orally, translation if necessary, peer support, allow extra time